

National Updates



Sláintecare.



An Roinn Sláinte  
Department of Health



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meath county council

**New Healthy Age Friendly Homes Role in Age Friendly Ireland**

The Healthy Age Friendly Homes Programme is a new initiative that aims to enable older people to continue living in their homes or in a home more suited to their needs (rightsizing), live with a sense of independence and



Healthy Age  
Friendly Homes



Does **your**  
**home** allow you  
to **Age in Place?**



An Roinn Sláinte  
Department of Health



Sláintecare.  
Right Care. Right Place. Right Time.



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autonomy, be and feel part of their community, and support the avoidance of early or premature admission to long term residential care. Over the next two years, it is anticipated that 4,500 older people will benefit from the support of this programme.

The Department of Health, Sláintecare and Age Friendly Ireland (Meath County Council) are rolling out this new joint programme, across 9 Local

Authority areas, Westmeath County Council, Dublin City Council, Cork County Council, Galway County Council/Galway City Council, Fingal County Council, Limerick County Council/ Limerick City Council, Longford County Council, South Dublin County Council and Tipperary County Council.

Mark Harrington who will be starting as National Programme Manager this week, will be responsible for the successful management and delivery of the programme objectives and looks forward to working with all of our wide network of colleagues, stakeholders and in particular our Older Peoples Councils.

**On all your behalf's we give a warm welcome to Mark in joining the Age Friendly family.**

**Public Health Measures**

Yesterday the government decided to move ahead with the Recovery and Resilience: The Path Ahead plan. See quick guide to the changes below.

- **From 17<sup>th</sup> May**

**Retail** - All remaining retail can reopen



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Cumann Lucht Bainistíochta Contae agus Cathrach  
County and City Management Association



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



- **From 2<sup>nd</sup> June (subject to the public health situation at the time)**

**Accommodation services (hotels, B&Bs, self-catering and hostels)** - Can reopen but services must be restricted to overnight guests and residents

- **From 7<sup>th</sup> June (subject to the public health situation at the time)**

**Visitors** - You can have visitors from one other household inside your home

**Restaurants and bars** - Outdoor services can resume with groups limited to 6 people

**Weddings** - Maximum guests at reception increases to 25

**Outdoor sports matches** - Can be played but with no spectators

**Gyms, swimming pools, leisure centres** - Can reopen for individual training only

**Vaccine bonus** - [If you are vaccinated you can visit other households indoors](#)

## COVID-19 Vaccination Programme

The vaccination programme continues to be rolled out nationwide. More than 1,922,913 vaccines (1,408,105– 1<sup>st</sup> dose, 514,808– 2<sup>nd</sup> dose) have been administered as of the 11<sup>th</sup> May 2021.

### Online registration – information for patients and service users

People who are registering online will need:

- their Personal Public Service Number (PPSN),
- their Eircode,
- an email address or a mobile phone number.

A friend or family member can help. If someone is finding it difficult to go online and register or they can ring HSElive for support on 1850 24 1850 or 01 240 8787 from 8am to 8pm, 7 days.

If a person doesn't have a PPSN they can register on the phone with HSElive. If a person is deaf or hard of hearing, they can text HSElive on 086 1800 661 to register for your vaccination. You can [find more information here](#).

Once a person has registered, the HSE will send appointment details by SMS text message, 3 to 7 days before their vaccination is due to take place. People in this group will be vaccinated during May at one of the [HSE vaccination centres](#) around the country.

### Data Security

Data security is a priority for the HSE. The Vaccination Information System has been designed to ensure only necessary information is captured and stored securely in line with HSE data retention policies. All information is encrypted in transit and at rest.

User accounts created on registration use two factor authentication, email and mobile phone number, to provide people with secure access to their own information about their vaccination.

Visit [hse.ie/rollout](https://www.hse.ie/rollout) for information about registration.

A video explaining registration is available here

<https://youtu.be/v1JoC01Omgc>

We all need to keep doing the things which we know protect us and the people we love from COVID-19:

- **Keep our distance and stay 2 metres away from each other**
- **Wear masks when it is not possible to keep socially distant**
- **Wash our hands**
- **Call the GP as soon as you notice any possible COVID-19 symptoms**

### **Where to find COVID-19 Vaccination Information**

We encourage everyone to read about the COVID-19 vaccine and to get their information from a factual, trusted source – here are the links to the pages with information on the vaccine:

- Check [hse.ie/covid19vaccine](https://www.hse.ie/covid19vaccine) for information about the vaccine, information on this page is updated regularly
- Find the vaccine information materials at [www.hse.ie/covid19vaccinematerials](http://www.hse.ie/covid19vaccinematerials)
- Details on getting the COVID-19 vaccine is updated regularly [here](#)
- Details on COVID-19 vaccines administered are available [here](#)
- Read the [full COVID-19 Vaccine Allocation Strategy](#)
- Read the [National Immunisation Advisory Committee Chapter about COVID-19 vaccine](#)
- [COVID-19 vaccine information for health professionals](#)

### **COVID-19 Vaccine Centres**

Videos with information about how the vaccination centres will operate are [available here](#).

### **Public Health Information**

As always, for the most up to date information and advice on Coronavirus, please go to: <https://www.gov.ie/en/campaigns/c36c85-covid-19-coronavirus/> and <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/>.

Please also check the Healthy Ireland site [here](#) with further resources and information on the Keep Well campaign.

Ireland's COVID-19 Data Hub is [available here](#).

### **Ministers Humphreys and O'Brien announce €4.5 million to improve community facilities**

Minister for Rural and Community Development, Heather Humphreys TD, and Minister of State with responsibility for Community Development and Charities, Joe O'Brien TD, have today announced €4.5 million to support community groups impacted by COVID-19.



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Government of Ireland



An Roinn Forbartha  
Tuaithe agus Pobail  
Department of Rural and  
Community Development

The 2021 Community Enhancement Programme (CEP) will provide small grants designed to assist in the re-opening of facilities such as community centres, men’s and women’s sheds, parish halls and youth centres. The grants will range from a few hundred euro up to €10,000, however, exceptions will be made depending on the application. The funding is to help groups and clubs get back on their feet and may be used to carry out necessary renovations and repairs or to purchase equipment such as tables and chairs, tools and signage, laptops and printers, lawnmowers, canopies, training equipment and so on. The Community Enhancement Programme, which to date has supported over 8,000 projects, places a focus on supporting groups in disadvantaged areas. The key theme of this year’s programme is supporting groups as they re-open facilities which have been closed due to COVID-19. As the grants are relatively small, this programme may appeal to groups that are not eligible for the €10 million COVID Stability Fund, which was launched last week.



An Roinn Comhshaoil,  
Aeráide agus Cumarsáide  
Department of the Environment,  
Climate and Communications

### Climate Conversation- Climate Action Plan 2021

The Climate Action Plan is Ireland’s roadmap to becoming a climate neutral economy and resilient society by 2050 (see the [2019 Climate Action Plan](#)). This means that the amount of greenhouse gases released into the atmosphere is dramatically reduced and is balanced by the amount removed by our land, forestry, or technology. Becoming a climate resilient society will help us to cope with the impacts of a changing climate.

We are now developing the 2021 Climate Action Plan and want your views on how we can transform Ireland and support people to take their own climate actions. You are invited to be part of this Climate Conversation and to share your views on the government's climate action and how it can support you to take climate action in your own life. Your views will also be part of the wider [National Dialogue on Climate Action](#) and will help to engage and communicate with more people on Ireland's climate action in the future.

You don’t need to be a climate expert for your opinion to be valued, we want to hear from as many people as possible. You might find the [Climate Jargon Buster](#) useful as you read through the content and questions. The Climate Conversation is being conducted in line with strict data protection rules, and for this reason is open only to those over 16. Under 16s will be consulted through the Comhairle na nÓg network. If you are responding as an organisation or would like to share a prepared submission please find the [Call for Evidence here](#).



Join the Climate Conversation Here: [Climate Conversation](#)



Comhairle Contae Lú  
Louth County Council



## Louth EU\_SHAFE Inter-regional Meeting

**Thursday 27th May 2021**

The Louth County Council EU\_SHAFE partner in conjunction with the Technological University Dublin will host an interregional meeting focussed on social participation and Smart Healthy Age Friendly Environments on 27th May 2021 at 9:00 am IST (10:00 am CEST).

**The keystone of the webinar will be a panel discussion on “How do we advance social participation through technology?”, featuring panellists from the technological sector, NGOs and Local Government.**

Good Practices in social participation from Ireland and the other EU\_SHAFE European partners will also feature as part of the programme highlighting the good work already being carried out on the ground. The third element of the webinar will focus on an analysis of social participation policies across the partner regions and a look at the next Regional Operational Programme in Ireland.

The webinar will be both interesting and informative and will bring learned experience of the EU\_SHAFE project to anyone interested in Smart Healthy Age Friendly Environments and in the improvement of older people’s lives.

[REGISTER HERE](#)



## Planning the 20/15/10 Minute Place – Rethinking Connectivity - 19th May 2021, 15.30 – 16.45

The ICLRDR Are delighted to invite you to the third webinar as part of its 'Post-Pandemic Planning' Series.

COVID-19 has caused us all to question the liveability of place – in terms of where we live, where we work and where we relax and unwind. The idea of the '20-minute neighbourhood', '15-minute city' and '10-minute town' has grown with interest around the world. As a way of thinking differently about places, planning for compact growth, and building sustainable and resilient communities, the concept aims to better align spatial planning with transport planning and issues of sustainability, connectivity and accessibility – thus making it easier for people to 'live locally' and to walk, cycle and use public transport. There is a growing body of evidence that active, connected places that promote walkability produce a wealth of health, social, economic and environmental benefits.

This webinar aims to outline some case studies where the 20/15/10-minute place is being actively promoted by local and/or regional government. It will examine key considerations in its incorporation into urban planning strategies and its practical, place-based delivery.

**Register Here:** [https://us02web.zoom.us/webinar/register/WN\\_fmA-RhsHRL2cM6XO0ZzgHQ](https://us02web.zoom.us/webinar/register/WN_fmA-RhsHRL2cM6XO0ZzgHQ)



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Sláintecare.

## The Healthy Ireland Strategic Action Plan 2021-2025

The Healthy Ireland Strategic Action Plan provides a clear roadmap of how we can continue to work together to bring about good health, access to services, healthy environments, and the promotion of resilience and to ensure that everyone can enjoy physical and mental, health and wellbeing, to their full potential.

This action plan will build on the work and progress made to date and focus on the remaining years of the Healthy Ireland Framework from 2021-2025.

Healthy Ireland has been a core framework for the implementation of Sláintecare and the link with Sláintecare will be strengthened across the term of this new plan.

### Plans for the next 3 years to help build a Healthier Ireland

**hi Healthy Ireland** **Healthy Ireland**  
**The next 3 years**

By 2024 Healthy Ireland will have supported:

<p><b>18</b> </p> <p><b>Sláintecare Healthy Communities established in disadvantaged communities</b></p> <p>Initiatives developed to address health inequalities implemented in 18 areas by 2022 and roll-out to more groups progressed.</p>	<p><b>4,500</b> </p> <p><b>People benefitting from the Sláintecare Age-Friendly Healthy Homes Scheme</b></p> <p>The new scheme will help older people to live in their own home with dignity and independence for as long as possible.</p>
<p><b>14</b> </p> <p><b>Government Departments with enhanced involvement on the determinants of health</b></p> <p>Government Departments will have ownership of actions across Government on the determinants of health.</p>	<p><b>5+</b> </p> <p><b>New policies developed to promote and improve public health and wellbeing</b></p> <p>The evidence-led policies and action plans will address sexual health, physical activity, nutrition, obesity, alcohol and mental health promotion.</p>
<p><b>500</b> </p> <p><b>More GAA clubs providing the holistic Healthy Clubs model to members and communities</b></p> <p>An action plan to drive participation among other sporting organisations will be developed and implementation evaluated.</p>	<p><b>30</b> </p> <p><b>Third-level institutions implementing the Healthy Campus programme</b></p> <p>Toolkits and evaluation guidelines to support local programmes will be produced and models of best practice will be identified.</p>

Internet Explorer



**Maynooth University**  
National University  
of Ireland Maynooth



# GREEN SHOOTS

## maynooth green campus

# NEWSLETTER



Issue 3 May 2021

### Welcome to the third Maynooth Green Campus Newsletter!



**Dr Joe Larragy**  
Editor/Chair of  
MGC  
Applied Social  
Studies

Welcome to the third issue of Green Shoots. It comes at a hopeful moment as we emerge from the Covid tunnel and into the light. Our thoughts are with all our colleagues and students who were bereaved or affected in other ways. To our first years, who were confined to working from home for the past year, and who still thirst for that full third level experience, we say, let's make next year extra special.

We have some great news, reports and commentary in this issue. We have another instalment on our very popular profiles and gorgeous photos of birds seen campus. We have a special feature on bees and pollination, updates on links to learning, Green week, Climate change and Just Transition, SDGs, and commentary. Please enjoy, and join efforts with us.

### Maynooth Green Campus Team



@GreenCampus\_MU

@MaynoothGreenCampus

@maynoothgreencampus

Please see link to newsletter [HERE](#)



Roinn Cumarsáide, Gníomhaithe  
ar son na hAeráide & Comhshaoil  
Department of Communications,  
Climate Action & Environment



## FREE DIGITAL SKILLS CLASSES ON HOW TO GET ONLINE VIA ZOOM

OUR TRAINER WILL PHONE YOU TO SET YOU UP ON ZOOM  
5 Zoom classes on online social inclusion such as access to libraries, online shopping, educational apps and government services.

**Monday 17<sup>th</sup> to Friday 21<sup>st</sup> May**  
**10am to 11.20am**  
**Or**  
**2pm to 3.20pm**

**More dates available in May/June**  
**IF INTERESTED**  
**Please call**  
**087 737 7256**

All classes are **free** as they have been sponsored by the Department of Communications, Climate Action and Environment, under their getting citizens online programme.



**Join us live on Facebook**  
**Monday 17th**  
**Wednesday 19th**  
**Friday 21st**  
**at 11am for**



**Age & Opportunity**  
**Movement Minutes**

#AgeandOpportunity

The classes are available on [Facebook](#) and [YouTube](#) and the timetable shows where each class is available.



**FREE**  
**initiative**  
**for over**  
**50s**

Incorporating **Age & Opportunity active**,  
The National Sport and Physical Activity Programme  
for Older People



# FitLine

**A friendly word to get you more active.**

Free phone: **1800 303 545**

FitLine Volunteer Mentors make regular phone calls to people who would like to get more physically active.

*"The mentors are so supportive and encouraging."*

Agnes – Ardee, Co. Louth

*"I have been with FitLine for a few years and it gives me a great lift to get a phone call every couple of weeks. They have good advice. I live on my own and I love having someone from FitLine ring me regularly."*

Joe – Dublin

*"FitLine gave me the push I needed to stop making excuses to get up and get active."*

Anne – Cork City

*"The last year has been difficult and lonely at times. Having that social connection FitLine provides, has been invaluable during this time, and the motivation and support are wonderful."*

Bridie – Dublin

**FREE**  
physical activity  
DVD when you  
sign up!

### Why call FitLine?

Some find it easy to be physically active but for others it's not so simple. Perhaps you don't know what activity to do or you lose motivation. This is a difficult time for people worldwide as Covid-19 has forced us to change the way we live, but Age & Opportunity will continue to provide safe opportunities for people to be more active.

Our mentors are volunteer older people who understand the challenges of getting active. They'll give you information, advice and gentle encouragement to get moving.

### How does FitLine work?

After you've made the first call, our mentors will arrange a time to ring you every two weeks until you're happy with your progress.

### Is there a cost?

No. This is a completely free service for people over 50. It has already been a great help to lots of people who wanted to feel a bit healthier but just didn't have the confidence or information to go about it.

### How do I find out more?

Free phone 1800 303 545 to learn more about FitLine or email [fitline@ageandopportunity.ie](mailto:fitline@ageandopportunity.ie)

# KEEP WELL



SPÓRT ÉIREANN  
SPORT IRELAND



Rialtas na hÉireann  
Government of Ireland



Ageing in Place

**AgeAction**  
For all older people



**UCC**

Coláiste na hOllscoile Corcaigh, Éire  
University College Cork, Ireland

## Ageing in Place – Webinar- Please join us- Everyone Welcome

**Wednesday 19<sup>th</sup> May 10.30-11.30am**

Age Action believes that we should have a choice to age in place which means having the ability to live in one's home and community safely, independently and comfortably regardless of age, income or ability level.

We will be discussing Ageing in Place and looking at research into the perceptions of older people, carers and care professionals in Ireland towards assistive technology and home care robotics. We will take a look at the beginnings and effects of 'The Old Age Pension' in Ireland and introduce a new research project into Rural Ageing in Place that Age Action are partnering along with UCC and the Irish Research Council.

Please join us with our guest speakers Dr Sarah Donnelly, School of Social Policy, Social Work and Social Justice, UCD, Margaret Buckley, Lecturer, Senior Tutor and Academic Supervisor at University College Cork and Dr Siobhán O'Sullivan, Lecturer Social Policy, School of Applied Social Studies, UCC.

### Join Zoom Meeting

<https://us02web.zoom.us/j/83097473326pwd=anV5dDFiWFNoTGv4c3I1QlJpbmZ5dz09>

**Meeting ID: 830 9747 3326**

**Passcode: 200190**



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meath county council



# WEBINAR SERIES

## Digital and Assistive Technologies for Ageing (DATA)

Friday, 21 May 2021 12:30-13:30 CET



Join us for the first Digital and Assistive Technologies for Ageing (DATA) Webinar series.

In December 2020, WHO, under the GATE initiative launched the [Digital and Assistive Technologies for Ageing \(DATA\)](#), aiming to bring together perspectives from ageing, digital health and innovation, health systems, and assistive technology. Working across disciplines with service providers and users, industry, and civil society – DATA aims to produce more integrated and cohesive services to enable the older population to live well in their communities.

The first webinar brings together nine large-scale demonstrator projects funded by the European Commission to show how a wide range of digital and assistive technologies can be used together to enhance smart and healthy ageing in communities across diverse European contexts.

[You can register via this link.](#)

		 CIRCUIT CLASS	 STRENGTH & BALANCE	 MOBILITY & STRETCH	 CHAIR GYM		
		MON 17TH	TUE 18TH	WED 19TH	THU 20TH	FRI 21ST	SAT 22ND
 LIVE EXERCISE CLASSES TO STAY ACTIVE @SIELBLEUIRELAND	11AM	 CIRCUIT WITH JAMES	 STRENGTH & BALANCE WITH PAUL	 CIRCUIT WITH MAGGS	 STRENGTH & BALANCE WITH MATT	 CIRCUIT WITH DEBORAH	 MOBILITY & STRETCH WITH MICHELLE
	2PM	 CHAIR GYM WITH MATT	 CHAIR GYM WITH MICHELLE	 CHAIR GYM WITH MATT	 CHAIR GYM WITH CORMAC	 CHAIR GYM WITH SHANE	 ON FACEBOOK  ON YOUTUBE

DISCLAIMER: SIEL BLEU IRELAND STRONGLY RECOMMENDS THAT YOU CONSULT WITH YOUR GP/PHYSIOTHERAPIST BEFORE BEGINNING ANY EXERCISE PROGRAMME. THESE EXERCISE VIDEOS SHOULD ONLY BE ATTEMPTED IF YOU ARE IN GOOD HEALTH AND ARE PHYSICALLY ABLE TO PARTICIPATE. IF YOU FEEL ANY PAIN OR DISCOMFORT STOP EXERCISING IMMEDIATELY AND CONSULT YOUR GP. IF YOU ENGAGE WITH THESE EXERCISE VIDEOS YOU DO SO AT YOUR OWN RISK.

The classes are available on [Facebook](#) and [YouTube](#) and the timetable shows where each class is available

## Local Updates



### Cavan Older People's ZOOM Information Sessions

County Cavan Older People's Council continue to strive to get information out to older adults on important supports and services available to them as well as encouraging people to engage and socialise with each other over these current pandemic times.

They do this by adapting their Drop In Information Sessions into online Zoom Information Sessions which take place on a weekly basis for older adults to sit in on. They take place every **Wednesday morning from 11am to 12:30pm**. These sessions are open to all older members of the community to join.

The time table for Summer 2021 Zoom Information Sessions is below there is a wide variety of topics being discussed at these sessions, so they are sure to appeal to a wide variety of people.

Date	Topic	Delivered By
19 <sup>th</sup> May 2021	<b>Positive Age 'County Cavan Good Morning Call' Service</b>	Francis O'Callaghan, Cavan Positive Age
26 <sup>th</sup> May 2021	<b>Energy Medicine for Vitality</b>	Orla Mc Ivor, Celtic Energy Medician
2 <sup>nd</sup> June 2021	<b>Cookery Demonstration</b>	Cavan & Monaghan ETB
9 <sup>th</sup> June 2021	<b>Pension Information</b>	Cavan Citizens Information Centre
16 <sup>th</sup> June 2021	<b>How to use Social Media Apps</b>	Cavan & Monaghan ETB
23 <sup>rd</sup> June 2021	<b>Arts office and the Ramor Theatre – services for older adults</b>	Catriona O' Reilly, Arts Officer, Cavan Arts Office
30 <sup>th</sup> June 2021	<b>Services &amp; resources available for Older Adults through Cavan Libraries Services</b>	Emma Clancy, County Librarian, Cavan Co Co



## Zoom in your Front Room

The Donegal Age Friendly Programme are currently delivering an information and activity-based programme through zoom for older people in the county. Occurring each Tuesday and Thursday at 7pm the project engages older people in matters of interest and importance to them while retaining a conversational and entertainment style.



Aengus Kennedy from Nature North West



Maresa McGettigal, Smoking Cessation Officer in conversation with show host Pól Penrose



Hugh P and Maria Doherty



Joe Cawley



We would like to invite you to the online launch of  
*The Wellbeing Way, a CWELL Community Wellness Book*  
 Wednesday, May 19th at 12 noon

In early December 2020 we the CWELL second year class undertook community conversations in the Southill area of Limerick city, with staff and volunteers from the Southill After Schools Club. Those who participated shared openly and we were able to gain very useful insights into the community. The Coronavirus pandemic came up a lot during the conversations and we spoke about the impact it was having on the community. Participants felt that Covid had a very negative effect on the community with people having to isolate and stay indoors. "Those that were already isolated were now more isolated" one participant said.

As a group we wanted to do something to help alleviate the isolation being experienced not just in Southill but across communities. We decide to use our creative talents to create "The Wellbeing Way, a CWELL Community Wellness Book," which we would distribute in our local communities. This book is aimed at people of all ages and offers interesting articles, poems and activities, as well as plenty of hints and tips to help you mind your mental health. We will launch our book on Wednesday next May 19th, please do come along.

*CWELL Graduating Class 2021*

**Zoom link:**

<https://zoom.us/j/95261598882?pwd=bkpxN01IMWtdRnZTVVlZr1dGckFEUT09>



## Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone. Please email us your news to Rachel at [rleavy@meathcoco.ie](mailto:rleavy@meathcoco.ie) Information is one thing we can share right now!

## International Updates



### IFA Global Cafe | In Conversation with Mr Suresh Rajan on "Social Justice, Racial Harmony and the Contributions of Older People"



The definition of "equity" in social justice is the fair treatment, access, opportunity, and advancement for all people. A fair and just society should not have systemic prejudice, racism or unequal treatment.

As a regular contributor on the subject of multiculturalism to media in Australia, Mr Rajan's passion has always been the better integration of migrant communities with aboriginal communities in a diverse country.

**Date and Time: Friday 14th May 2021  
7:00-8:00 am (Eastern Standard Time)**

[Register for the IFA Global Cafe](#)

## Important Tips

Always have your **Eircode** close by in case of emergency. You can find your Eircode [here](#)

Perhaps keep a **daily diary** to record the people you are in contact with every day, so if you develop symptoms it will be easier to trace them

## Coronavirus COVID-19



**If you have fever and/or cough you should stay at home regardless of your travel or contact history.**

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on [www.dfa.ie](http://www.dfa.ie)

#### All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit [hse.ie](http://hse.ie) OR phone HSE Live **1850 24 1850**

#### How to Prevent



#### Symptoms

> Fever (High Temperature) > A Cough > Shortness of Breath > Breathing Difficulties

#### For daily updates visit

[www.gov.ie/health/covid-19](http://www.gov.ie/health/covid-19)  
[www.hse.ie](http://www.hse.ie)

www.gov.ie/health/covid-19  
www.hse.ie/covid-19



## Useful Contacts

**Age Friendly Ireland Shared Service Office** Telephone: 046 9097413

Or Email: [rleavy@meathcoco.ie](mailto:rleavy@meathcoco.ie)

**HSE Advice Line:** Callsave 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday

The following is the list of each **Local Authority's Helpline phone numbers**

<b>Local Authority</b>	<b>Community Response Number</b>
Carlow County Council	1800 814 300
Cavan County Council	1800 300 404
Clare County Council	1800 203 600
Cork City Council	1800 222 226
Cork County Council	1800 805 819
Donegal County Council	1800 928 982
Dublin City Council	01 222 8555
DLR County Council	1800 804 535
Fingal County Council	1800 459 059
Galway City Council	1800 400 150
Galway County Council	1800 928 894
Kerry County Council	1800 807 009
Kildare County Council	1800 300 174
Kilkenny County Council	1800 326 522
Laois County Council	1800 832 010
Leitrim County Council	1800 852 389
Limerick City and County Council	1800 832 005
Longford County Council	1800 300 122
Louth County Council	1800 805 817
Mayo County Council	094 906 4660
Meath County Council	1800 808 809
Monaghan County Council	1800 804 158
Offaly County Council	1800 818 181
Roscommon County Council	1800 200 727
Sligo County Council	1800 292 765
South Dublin County Council	1800 240519
Tipperary County Council	076 106 5000
Waterford City and County Council	1800 250 185
Westmeath County Council	1800 805 816
Wexford County Council	053 919 6000
Wicklow County Council	1800 868 399